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*A CASE STUDY*

# Identification of indigenous knowledge of herbs used by rural women in Dantiwada taluka

**H.D. SHASTRI, BEENA PATEL AND K.M. JOSHI**

## ABSTRACT

The present study was conducted in Dantiwada taluka of Banaskantha district. Sardarkrushinagar Dantiwada Agricultural University runs RKVY scheme. There are 16 villages under RKVY, out of 16 villages, 8 villages were randomly selected for the study. There are mostly five types of indigenous herbs of plant and plant materials were being used by rural women. Among which rural women gave first rank to other type of indigenous herbs material (*i.e.*, jaggery, afim, mishri, green leafy vegetables, bajara and wheat flour, rice ,gunda and gunda fruits etc.) followed by seeds and spices (*i.e.*, Dill seeds, clove, black cumin, omum, black pepper, fenugreek, mustard (oil) and castor etc.) and roots and tubers (*i.e.*, onion, ginger, dry ginger, garlic and turmeric) for child health. Whereas, for maternal health rural women gave first rank to seeds and spices (*i.e.*, dill seeds, clove, black cumin, omum, black pepper, fenugreek, mustard (oil) and castor etc.).

**Key words :** Rural women, Indigenous knowledge, Herbs

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